

Youth Name _____ Date of Birth _____ Male / Female

Mother Name: _____

Father Name: _____

Occupation: _____

Occupation: _____

Step-Father / Partner: _____

Step-Mother / Partner: _____

Occupation: _____

Occupation: _____

Mother Address: _____

Father Address: _____

City, State, Zip: _____

City, State, Zip: _____

Office use only

PHONE NUMBERS (ONLY PROVIDE NUMBERS THAT YOU ARE GIVING MBHS PERMISSION TO USE AND LEAVE A MESSAGE (provide as many as possible, and indicate preferences for use) – provide a description of each “dad cell”, “mom home”, etc):

TEXT MESSAGE (to use HIPAA-compliant secured text messages delivered to your phone/device, a cell phone number and the carrier is required – list the cell phone number(s) that you are giving MBHS permission to use for secured text messages)

| | | |
|---------------------------|-------------------------|--|
| Area code and cell number | Carrier (e.g., Verizon) | cell description (“mom’s cell”, “Johnny’s cell”) |
|---------------------------|-------------------------|--|

E-MAIL (to use HIPAA-compliant secured email messages, list the email address(es) that you are providing your permission for MBHS to use – provide a description of each email, “mom’s”, “dad’s work”, etc):

EMERGENCY CONTACTS – for children, the parents are always the first emergency contact. However, if we are not able to reach you, please list the name(s) and all available phone numbers for any other individual(s) you prefer contacted. Only give us the information that you are giving MBHS permission to use.

| | | |
|------|-------------------------------|---------------|
| Name | Relationship (e.g., “friend”) | Phone Numbers |
|------|-------------------------------|---------------|

If your child takes any psychiatric (mental health) medications, list the PSYCHIATRIST OR OTHER PRESCRIBING DOCTOR, if not, list your child’s PEDIATRICIAN/FAMILY DOCTOR:

Name of Practice: _____ Name of Doctor: _____

Address: _____

Phone: _____ Fax _____

This form should be completed by the adolescent client, but parents can help or add information/comments

Client Name: _____ Date of Birth: _____

What is the main problem/issue that you want to resolve and how long has it been going on (just a brief description):

Have your parents separated or divorced? (If yes, how old were you and describe your living/family situation since then):

Names and Ages of siblings:

List all of the people living in your home(s):

Is there anything else about your family situation that is unusual or important?

School:

Current Grade:

What are your main academic/social/behavioral problems and strengths at school and describe your typical grades?

List all supportive services that you receive at school (services for extra help):

List all ALLERGIES, MEDICAL CONDITIONS, OR DISABILITIES:

List all of your CURRENT MEDICATIONS WITH DOSAGES:

If you've ever taken psychiatric medications (for emotions or behavior), WHEN was the first time you took them and WHAT did you take?

List all of your previous psychiatric (mental health) medications that discontinued:

Start with the first time you ever had any help with your emotions and behaviors, and list your age and what type of service you've received, such as therapy/counseling, BSC/TSS, substance abuse treatment, crisis services, partial placements, residential program, hospitalization, etc.

Client Name: _____

Date of Birth: _____

Have you had any problems or symptoms of:

| | CURRENT | IN THE PAST | NEVER | Prefer Not to Answer |
|--|---------|-------------|-------|----------------------|
| Lack of support from family | | | | |
| Don't have enough friends, socially isolated | | | | |
| Rejected or bullied by peers | | | | |
| Involvement in sports, clubs, community activities | | | | |
| Academic / Learning problems | | | | |
| Failed a grade | | | | |
| Problems concentrating / Easily distracted | | | | |
| Poor Impulse control | | | | |
| Easily frustrated | | | | |
| Disruptive behavior at school | | | | |
| Disrespectful or argumentative with teachers | | | | |
| Detentions / suspensions | | | | |
| Rude, disrespectful behavior toward parents | | | | |
| Hit / kicked / hurt a teacher | | | | |
| Hit / kicked / hurt a peer at school | | | | |
| Hit / kicked / hurt an adult at home | | | | |
| Hit / kicked / hurt a child or teen at home or in the community | | | | |
| Mean or cruel to younger children or animals | | | | |
| Sadness / Crying | | | | |
| Low energy | | | | |
| No interest in doing things | | | | |
| Memory problems / can't think clearly | | | | |
| Irritable / grouchy | | | | |
| Poor motivation | | | | |
| Feeling guilty | | | | |
| Low self-esteem | | | | |
| Hopeless / completely overwhelmed | | | | |
| Emotional outbursts or meltdowns | | | | |
| Anxiety / worrying | | | | |
| Thoughts racing inside your head | | | | |
| Feeling "too" happy | | | | |
| Having too much energy | | | | |
| Anxiety attacks / panic attacks | | | | |
| Phobias or unrealistic fears | | | | |
| Thoughts you can't make stop or just keep repeating in your head | | | | |
| Behaviors you feel like you can't stop (compulsions) | | | | |
| Mood swings | | | | |
| Anger problems | | | | |
| Excessive sleeping | | | | |
| Can't get to sleep or stay asleep | | | | |
| Loss of appetite | | | | |
| Emotional eating / over-eating | | | | |
| Really wanting to lose weight or feeling "fat" | | | | |
| Eating disordered behaviors (e.g, vomiting to lose weight, laxatives, etc) | | | | |
| | | | | |
| | | | | |

Client Name: _____

Date of Birth: _____

Have you had any problems or symptoms of:

| | CURRENT | IN THE PAST | NEVER | Prefer Not to Answer |
|--|---------|-------------|-------|----------------------|
| Emotionally abused / Verbally abused | | | | |
| Physical abuse | | | | |
| Sexual abuse or sexual assault | | | | |
| Witnessing harsh and hostile verbal arguments | | | | |
| Witnessing domestic violence or adult physical fights | | | | |
| Physically hit by a boyfriend or girlfriend | | | | |
| Other types of trauma | | | | |
| Bad Dreams / Nightmares | | | | |
| Avoiding things that give you strong memories of bad experiences | | | | |
| Strong memories / Flashbacks | | | | |
| Emotionally numb / detached | | | | |
| Agitated and overly tense almost all the time | | | | |
| Dramatic, attention-seeking, or reckless behaviors | | | | |
| Problems with sexual behaviors or sexual identity | | | | |
| Self-Injurious behavior (e.g., cutting) | | | | |
| Thoughts of not wanting to be here anymore | | | | |
| Suicidal thoughts | | | | |
| Suicide attempt(s) or threatened suicidal behavior | | | | |
| Seeing / Hearing things that are not there | | | | |
| Psychiatric hospitalization or crisis services | | | | |
| Smoking cigarettes or chewing tobacco | | | | |
| Drinking alcohol | | | | |
| Taking illegal drugs | | | | |
| Drinking or drug problem | | | | |
| Substance abuse evaluation or treatment services | | | | |
| Legal problems from drinking alcohol or doing drugs | | | | |
| Addiction to something besides alcohol/drugs | | | | |
| Lying | | | | |
| Stealing | | | | |
| Set fires without permission | | | | |
| Police involvement / legal problems | | | | |
| Parent(s) served in the military | | | | |
| Parental/Family history (biological relatives) of depression/anxiety | | | | |
| Parental/Family history of more serious mental health issues | | | | |
| Parental/Family history of substance abuse | | | | |
| Parental/Family history of suicidal behavior/attempts | | | | |
| Parental/Family history of criminal / legal problems | | | | |

Are there any other problems or symptoms that you are having that were not included? Is there anything else that would be important to know about your situation?

Thank you for your time and we look forward to meeting with you.

Client Name: _____

Date of Birth: _____

MacGregor Behavioral Health Services LLC (MBHS) offers a range of psychological services and the fee varies depending on the type of services received. Fees are charged based on the fee schedule in effect on the date the service was delivered. You may request a copy of the fee schedule at any time, and you will be notified of prices and price increases before any services are delivered. Fees are due at the time of service.

If MBHS is not able to verify "in-network" insurance coverage before services, then payment is required in full at the time of service. For "in network" insurance plans, MBHS will directly bill and make all reasonable attempts to receive reimbursement from the insurance company, however, (1) you are responsible for informing the psychologist of any changes in insurance coverage BEFORE the service is provided, and (2) you are responsible for outstanding fees that have not been paid by the insurance company for any reason after 60 days from date of service. All deductibles, copays, and coinsurances are due at time of service, and there is a \$5 charge per invoice for any fees that are not paid at time of service.

For "out of network" insurance plans, you will need to provide full payment at the time of service and then submit the receipt to your insurance company to obtain reimbursement. MBHS will not accept the "allowable" rates designated by "out of network" insurance plans and fees will be charged according to the MBHS current fee schedule. If you request that the psychologist complete authorizations, treatment plans, phone calls, or other paperwork for insurance reimbursement, you will be charged for the psychologist's time at the rate of \$25 per 15 minutes.

There is a \$25 fee that will be charged to your account if the after-business-hours 888-235-8011 number is used to contact the MBHS on-call psychologist, and for calls lasting more than 15 minutes your account will be charged \$25 per each additional 15-minute increment. Insurances DO NOT reimburse crisis phone call fees.

If you request any legally-related services (e.g., written documents or phone calls for attorneys or court), your account will be charged \$125 per hour. If the identified client's receipt of services results in the psychologist's participation in legal proceedings (depositions, court testimony, etc.), you will be responsible for \$1,000 per day (\$1,500 per day for any county other than Adams County), even if the psychologist is ordered to participate by another party. This fee includes preparation for the testimony, travel expenses, and cancelling the day of routine business. **Health insurance will not pay for any portion of any legally-related service.**

CREDIT/DEBIT CARDS ARE NOT ACCEPTED and there is a \$10 per month late fee / finance charge on any unpaid balance. If the account is past due for more than 90 days, a collection agency may be used to obtain payment. There is a \$25 fee for a check returned for any reason, including any check that incurs a fee during processing (e.g., re-deposited check).

Your account will be charged for copies of clinical records, late cancellations / missed appointments, and additional services (refer to the current fee schedule for these amounts).

It is the policy of MBHS for ONE individual to accept financial responsibility for services rendered to the client. In shared custody of a child situations, MacGregor BHS will not accept responsibility for determining who is responsible for which percentage of fees or collecting/invoicing percentages to multiple individuals.

Accepting financial responsibility and/or providing payment for services rendered to an adult or adolescent 14 years or older DOES NOT entitle you to access that individual's confidential treatment information. Individuals 14 years or older must be willing to provide their authorization for anyone (including their own parents or spouse) to access their clinical records.

The MBHS fee schedule is available on request, and you are agreeing to accept the rates in effect at the time of service. These fees are subject to change WITH notification prior to service delivery. Your signature below indicates that you are accepting all of the terms and conditions of this contract, and that you are accepting financial responsibility for all of the fees for services provided by MacGregor Behavioral Health Services LLC (MBHS) to the client named above that are not reimbursed by health insurance(s) for any reason:

****** You must be 18 years or older to sign this agreement and accept financial responsibility ******

Printed Name_____
Signature_____
Date

Consent for Psychological Services Agreement – Adolescent (14 – 17 years)

Client Name _____ Date of Birth _____

Welcome to MacGregor Behavioral Health Services LLC (MBHS). We appreciate your trust, and welcome the opportunity to provide quality professional services. This document contains information regarding professional therapeutic services, policies, and your legal rights regarding the confidentiality of the client's protected health information (Health Insurance Portability and Accountability Act - HIPAA). HIPAA is a federal law that provides increased protection and client rights with regard to the use and disclosure of your Protected Health Information (PHI) used for the purpose of treatment, payment, and health care operations. The Notice of Privacy Practices (Notice) details the use and disclosure of the client's protected health information and your access to this information.

When you sign this "Consent for Psychological Services Agreement" (Agreement), it will represent an agreement between you and MBHS. You may revoke this Agreement in writing at any time. That revocation will be binding unless MBHS has taken action in reliance on it; if there are obligations imposed on MBHS by the client's health insurer in order to process or substantiate claims made under the policy; or if there are outstanding financial obligations on the client account.

Office Policies

The psychologists' work schedules vary and the client's psychologist is often not immediately available by phone and does not accept calls while in session. You may leave a message with the office manager, or leave a voice mail message at the office phone number, and the treating psychologist will return your call as soon as possible. In life-threatening situations, immediately call **911** or go to the local hospital emergency room. If a non-life-threatening crisis occurs during non-business hours, an on-call psychologist is available to you by calling 888-235-8011. The on-call psychologist **may not be the client's** treating psychologist, as the on-call responsibility rotates among the practice psychologists. Your account will be charged for the use of this after-hours service according to the fee schedule in effect on the date of the call.

A "no show / late cancel" is defined as less than 24 hours notice to the MBHS office for a missed appointment. New clients who no show / late cancel for their initial appointment will be placed back at the end of the existing waiting list. Clients already working with an MBHS psychologist are provided one excused no show / late cancel per 6 month period of time. When a no show / late cancel occurs, you will receive notification of the missed appointment with no fee charged. The second and third no show / late cancel is charged according to the fee schedule in effect at the time of the missed appointment, and after the 3rd no show / late cancel appointment within a 6 month period of time, each no show / late cancel is charged at the full cost of the service.

MBHS makes every effort to respect your preferences and requests regarding electronic communications. MBHS will not contact you at any phone number or email address unless you have specifically provided that contact information to MBHS for use. There are security risks associated with all forms of electronic storage and transmission, however, MBHS offers secure, HIPAA-compliant messaging and encrypted email. If you choose to use text messages, standard email, and other non-encrypted forms of electronic communications, you are being informed that these electronic communications are not HIPAA-compliant for the purposes of sending PHI. Your use of any electronic communications indicates that you are choosing to accept all of the associated risks with these communications. If you send a non-HIPAA-compliant communication (e.g., email) to the MBHS office or staff, then you are providing your implicit permission for the MBHS staff to respond using that same form of electronic communication (e.g., reply to your email). If any MBHS staff initiates an electronic communication, then the MBHS staff will either use a HIPAA-compliant communication, or will make every effort to restrict the content of the electronic communication to administrative information that does not include PHI. You must notify the MBHS office immediately if you receive an electronic communication that contains information that you consider PHI and that you object to similar types of information being sent through non-HIPAA-compliant electronic communications. After you notify the MBHS office, electronic communications will be ceased immediately. Some forms of HIPAA-compliant encrypted storage and transmission of the client's PHI is required for normal treatment, payment, and health care operations. All of the client's PHI, clinical information, and treatment documentation is stored and transmitted in accordance with HIPAA regulations and compliance standards.

You are responsible for your own safety, and for the safety of any other adults or children who accompany you to the client's appointments. You are responsible for insuring that children on our premises have adult supervision at all times, and any toys available in the waiting area are used at the discretion and supervision of the parent /caretaker. You are responsible for being aware of and insuring safety around natural physical dangers, including, but not limited to, stairs, windows, potholes and ice on pavement. Please be notified that children are not allowed to remain in the waiting room unsupervised, and they must be accompanied by an adult to the restroom. There will be no one available to supervise children who are not involved in the session, and every effort should be made to bring only the individuals involved

in the session (or bring an adult to supervise children). We deem our office premises to be reasonably safe, however, you should present for appointments only at your sole discretion. You may cancel any appointment without penalty or fees in any situation in which you deem the office premises unsafe. While every attempt is made to maintain safe premises, your signature on this Agreement indicates that you are accepting sole responsibility for the safety of the client and any other individuals accompanying the client to appointments while in, on, or around our office premises, and you understand and agree that MBHS is not responsible and cannot be held liable for any negative consequences or damages related to the MBHS premises.

Psychological Services

Participation in psychological services can have both risks and benefits. Psychological evaluation and therapeutic services often involve discussing unpleasant aspects of your life, and you may risk experiencing uncomfortable feelings (e.g., anger, sadness, guilt), emotional distress, and/or increased behavior problems. However, psychological evaluation and treatment services can yield many benefits, including improved emotional functioning, social relationships, and alleviation of emotional and psychiatric disorders. However, there are no guarantees with regard to the effectiveness of psychological services, or for the client's particular experience of risks or benefits. MBHS provides all psychological services within the guidelines of the professional, ethical, and legal standards established these services. If you have any concerns regarding any aspect of the client's evaluation or treatment services, the client's psychologist is available to respond to your concerns or questions. You have a choice in providers and are under no obligation to receive services from MBHS. Your signature on this Agreement provides your consent for the client to receive all of the psychological assessment and treatment procedures deemed necessary and appropriate by the treating psychologist. Your signature on this Agreement also indicates that you understand there is the possibility, as with all types of treatment services, that the client's participation in psychological services could possibly have unfavorable effects on your personal, family, legal, or financial situation.

Consent, Professional Records, and Limits on Confidentiality

PA state law allows adolescents aged 14 to 17 years to consent for their own psychological services, without the consent of their parents, and/or the parent(s) can provide consent for the adolescent's participation in psychological services without the consent of the adolescent.

The laws and standards require that the treating psychologist maintain a clinical record of the client's services. The client's clinical record may contain the reasons for seeking services, symptoms, diagnosis, treatment plan, session information and progress, medical, social, and family history, records received from other providers, billing information, phone calls and other communications, information provided by other individuals participating in the client's services (e.g., a parent's own history of suicidal behaviors), the treating psychologist's observations and opinions regarding the client and any individuals participating in the client's treatment, and all other information related to the client's clinical services. PA Act 147 gives adolescents primary control over their own treatment information, and **parents of an adolescent client cannot obtain a copy or review their adolescent's records without the permission of the adolescent** (even if the parent has participated in sessions and paid for sessions). Except in unusual circumstances in which the psychologist believes that the client's access to the record is reasonably likely to cause substantial harm, the client may examine and/or receive a copy of the clinical record (additional fees will apply), and may provide authorization to release the information and/or clinical record to someone else (without parental permission). If a request to access the client record is denied, the client has a right of review, which will be discussed with the client at the time of the denial.

The client's confidentiality is protected and no clinical information will be released without the client's authorization, WITH THE FOLLOWING EXCEPTIONS:

Although a parent cannot access an adolescent client's records themselves, there are some circumstances in which they can have records and information forwarded to another provider. Even when a parent is providing the consent for their adolescent's participation in psychological treatment, the law only allows the psychologist to provide the parent with a very minimal amount of information, specifically, the symptoms and conditions being treated, treatments provided, risks and benefits, and expected results. No other information can be provided to the parent without the adolescent's authorization.

Neither consent or authorization is required for the release of the client's PHI if (1) the information is court-ordered to be released, (2) a government agency requests the information for health oversight activities, (3) the client files a worker's compensation claim, and/or (4) you or any individual on the client's behalf files a complaint or lawsuit against MBHS or any MBHS employee (the client's entire clinical file can be used within the legal defense). The psychologist is obligated by law to disclose the client's PHI in order to protect others from harm if the psychologist believes that (1) a minor receiving services is being abused, (2) an elderly/vulnerable person is in need of protection, and/or (3) the client presents a specific and immediate threat of serious bodily injury to him/herself or another individual (suicidal or homicidal). These situations are very unusual and the laws regarding confidentiality are complex. You should consult an attorney for specific advice if you have concerns.

In most situations, MBHS can only release information regarding the client's psychological services if the client signs an authorization form

that meets the legal requirements imposed by HIPAA. There are other situations that require only written, advance consent. Your signature on this Agreement provides your consent for the following:

Occasionally the treating psychologist may need to consult with other professionals regarding the client's treatment. Every effort is made to avoid revealing the client's identity, and the other professionals are also legally bound to keep the information confidential. Typically these consultations are not discussed directly with you and function to provide the client with the highest quality of care.

MBHS employs psychologists and administrative staff. The client's PHI may be shared with other MBHS staff for clinical and administrative purposes. All MBHS staff are trained to protect PHI and will not release any information outside of MBHS.

If the psychologist deems the client's functioning to be a crisis or danger concern (at the sole discretion of the treating psychologist), you are authorizing the psychologist to contact any individuals necessary to assist with stabilizing the client's functioning to safe levels and to attempt to insure safety (this can often avoid a psychologist's mandate to call the police).

Health Insurance

In order to obtain reimbursement for services from the client's insurance company, some of the client's clinical information is required to be released to the insurance company. Although all insurance companies are required by law to keep PHI confidential, MBHS has no control over how they secure and utilize PHI after it has been provided to them. You should call the client's insurance company if you have questions about how they use and secure the client's information.

Your signature below authorizes (1) the use of the client's PHI for treatment, payment, and health care operations, (2) the disclosure of all information necessary, including mental health and substance abuse information, to obtain pre-authorizations/ certifications/approvals from the client's insurance company, to submit and process claims for payment, and to provide quality assurance/utilization information to the client's insurance company, and (3) the payment of insurance benefits to MacGregor Behavioral Health Services LLC for services rendered. Your signature on this Agreement provides your permission for MBHS to transmit and store claims/billing through HIPAA-compliant secured servers, claims processing centers, and the client's health insurance's claims processing department.

Your signature below indicates that you are providing your informed consent for the client to participate in psychological services, and agree to hold harmless and release from all liability JoAnn MacGregor, Ph.D., James B. MacGregor, Ph.D., Amy Taylor, Psy.D., MacGregor Behavioral Health Services LLC, and all MBHS staff and employees for any negative effects or damages that may result from your participation in psychological services, release of information, and/or the claims/fee collection process. You are agreeing that if you, or anyone on your behalf, file a lawsuit, licensure, or ethics complaint, or take any other legal action against MBHS and/or any employee(s) of MBHS concerning any aspect of your participation in services, and there is a favorable ruling for MBHS and/or any MBHS employee(s), then you are agreeing that you will be financially responsible for all direct and indirect costs incurred by MBHS and/or any MBHS employee(s), including legal, professional, office and court costs for the complaint or suit filed by you or anyone on your behalf. These costs will be due 30 days from the determination in favor of MBHS and/or MBHS employee(s).

When you sign this Agreement, any previously signed Agreements are void and are no longer in effect. This Agreement remains binding and in effect, even if the adolescent client ages to 18 years or older during the course of treatment, until a new Agreement is signed. You may discuss any concerns with the treating psychologist, or with your attorney, before signing. You may keep a copy of this Agreement. Your signature indicates that you have read, understand, and agree to the terms of this Agreement.

Parent(s) who plan to participate in the adolescent client's services will need to sign this Agreement

Adolescent Client Signature (13-17 years) _____
Date

Mother / Legal Guardian Signature _____
Date

Father / Legal Guardian Signature _____
Date

Your signature below indicates that you have received, reviewed, understand and agree to the Notice of Privacy Practices for MacGregor Behavioral Health Services LLC, which describes the policies and procedures regarding the use and disclosure of any protected health information (PHI), created, received, or maintained by MacGregor Behavioral Health Services LLC. Copies of the Notice are available at www.MacGregorBHS.com, in our office wait room, directly from your psychologist, or you can call 717-337-3005 to have it mailed to you.

Adolescent Client Signature _____
Date

revised: 09/01/2014

Client Name (print) _____